



# Healthy Weight for Prevention of Cancer Conference

**When:** Thursday 26<sup>th</sup> March 2020, 9am-4pm

**Venue:** The Durham Centre, Belmont, Durham

**Area:** North East and North Cumbria Integrated Care System

We would like to invite representatives from across the North East and North Cumbria Integrated Care System (ICS) to attend the Healthy Weight for Prevention of Cancer Conference

Overweight and obesity is the second biggest preventable cause of cancer in the UK and by 2040 rising levels of obesity could lead to an additional 670,000 new cases. Obesity is a complex problem caused by environmental, biological, social, cultural and economic factors, in addition to individual behaviour.

The event will focus on the need to reduce levels of obesity to prevent cancer and explore the role of the NHS and health care professionals in a whole system approach. The evidence base will be explored on the links between cancer and obesity, including evidence of what works and what good looks like. The event will scope how we can work locally and at a North East and North Cumbria integrated care system level and provide networking opportunities to discuss local intentions and actions. Delegates will have the opportunity to hear from expert speakers from a wide range of disciplines.

## **Outline for the conference:**

- Consider the complexity of obesity and explore whole systems working.
- Review how cancer pathways can support a whole system approach in the reduction of cancer and obesity.
- Consider our ICS ambitions and what we need to do collectively and as localities to achieve them.
- Produce an action plan to reflect priorities for the future work programme.

**This conference is for:**

- Primary and Secondary Care Clinicians
- Cancer Pathway Board Chairs
- GP Cancer Leads
- NHS System Leaders, Chief Executives, Accountable Officers and Directors
- Local Authority Chief Executives, Directors and Consultants in Public Health
- Members of the ICS Prevention Network
- ICS Programme Managers and SROs
- Clinical Network leads
- CCG Commissioners

To book a place please register your details on the link below

<https://www.eventbrite.co.uk/e/healthy-weight-for-prevention-of-cancer-conference-tickets-83603844349>

We hope to see you on 26<sup>th</sup> March 2020.